**Facial Electrotherapy Level 3**

**Assignment**

**Be able to prepare for facial treatments using electrotherapy**

1. Explain the importance of carrying out a detailed skin analysis and relevant tests
2. Describe the methods of evaluating the effectiveness of the treatment

**Exam Assignment**

g. Describe the environmental conditions suitable for facial electrotherapy treatments

k. Describe the different skin types, conditions and characteristics

 l. Explain the contra-indications that prevent or restrict facial electrotherapy treatments

i. Describe health and safety working practices

l. Describe the effects and benefits of electrotherapy equipment and products on the skin and underlying structures

 m. Explain the principles of electrical currents

o. State the contra-actions that may occur during and following treatments and how to respond

s. Describe the aftercare advice that should be provided

 t. Describe the structure, growth and repair of the skin

u. Describe skin types, conditions, diseases and disorders

v. Describe the structure, function, position and action of the head, neck and shoulder muscles

w. Describe the location, function and structure of the bones of the head, neck and shoulder

 x. Describe the structure and function of the nervous, circulatory and lymphatic systems for the head, neck and shoulders

y. Explain how the ageing process, lifestyle and environmental factors affect the condition of the skin and underlying structures