**Provide body electrotherapy treatments**

**Assignment**

**Be able to prepare for skin treatment using body electrotherapy treatments Outcome 1**

f. Describe salon requirements for preparing yourself, the client and work area.

g. Describe the environmental conditions suitable for body electrotherapy treatments

h. Describe the different consultation techniques used to identify treatment objectives

i. Explain the importance of carrying out a detailed body analysis and relevant tests

j. Describe how to select products, tools and equipment to suit client treatment needs, body types and conditions

k. Describe the different body types, conditions and characteristics

l. Explain the contra-indications that prevent or restrict body electrotherapy treatments

**Be able to provide body treatments using electrotherapy Outcome 2**

h. Explain how to communicate and behave in a professional manner

i. Describe health and safety working practices

j. Explain the importance of positioning yourself and the client correctly throughout the treatment

k. Describe different body types and conditions

l. Explain the importance of using products, tools, equipment and techniques to suit clients treatment needs, body type and conditions

m. Explain the effects and benefits of electrotherapy equipment and products on the skin and underlying structures

n. Explain the principles of electrical currents

o. Describe how treatments can be adapted to suit client treatment needs, body types and conditions

p. State the contra-actions that may occur during and following treatments and how to respond q. Explain the importance of completing the treatment to the satisfaction of the client

r. Explain the importance of completing treatment records

s. Describe the methods of evaluating the effectiveness of the treatment

t. Describe the aftercare advice that should be provided

u. Describe the structure, growth and repair of the skin

v. Describe body types, conditions, diseases and disorders

w. Describe the structure, function, position and action of the muscles of the body

x. Describe the location, function and structure of the bones of the body

y. Describe the structure and function of the circulatory and lymphatic systems for the body

z. Outline the structure and function of the digestive system

aa. Outline the structure and function of endocrine system

ab. Describe the structure and function of the nervous system for the body

ac. Explain how the ageing process, lifestyle and environmental factors affect the skin, body conditions and underlying structures