



B14 – Micro-lance



Aims & Outcomes

- Preparing the skin prior to micro-lance
- State the correct method to remove milia
- How to deal with contaminated waste

Preparing the skin prior to micro-lance

Micro-lance is a pre-sterilized needle designed to be used to scrape the surface of the skin to release skin blockages such as in growing hairs and the sebaceous skin matter milia.

The skin should be prepared before skin piercing, ideally following cleansing treatments such as steam exfoliation or galvanic desincrustation where the skin epidermis is softened.

Preparation

Disposable gloves should be worn when carrying out micro-lance



The skin should then be cleansed using a cleaning agent

The skin is held taut and the surface of the skin gently scraped until broken

The milia is gently removed using rolling movement with your index fingers either side of the milia until it is extracted, your fingers should be protected with tissue

Contaminated waste

All contaminated waste should be disposed of in a yellow sack (hazardous waste) for later collection and incineration.

The micro-lance should be placed in a yellow sharps box container

Client advice

Clients must be advised to avoid touching the area with unclean hands and if a scab occurs this must not be removed, it must shed naturally